## Programs and Services\*

(Wellness Pass included in dollar value)		
Dollar Value	Point Value	
\$20-\$49	25	
\$50-\$74	50	
\$75-\$99	75	
\$100-\$124	100	
\$125-\$149	125	
\$150-\$174	150	
\$175-\$199	175	
\$200-\$224	200	
\$225-\$249	225	
\$250-\$274	250	
\$275-\$299	275	
\$300-\$324	300	
\$325-\$349	325	
\$350-\$374	350	
\$375-\$399	375	
\$400-\$424	400	
\$425-\$449	425	
\$450-\$474	450	
\$475-\$499	475	
\$500-\$524	500	
\$525-\$549	525	
\$550-\$574	550	
\$575-\$599	575	
\$600-\$624	600	
\$625-\$649	625	
\$650-\$674	650	
\$675-\$699	675	
\$1075-\$1099	1075	
\$1275-\$1299	1275	
\$1525-\$1549	1525	

\* includes Registered Programs, Wellness Program Pass, Pre-booked Childminding and Professional Services.

Passes	
10 - Visit Pass	
Туре	Point Value
Adult	75
Senior	50
Youth	50
Child	25
Family	175

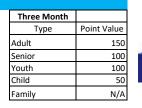
One Month	
Туре	Point Value
Adult	50
Senior	25
Youth	25
Child	25
Family	150

Annual

Point Value (upon purchase)

nth)

Туре





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Pre- Authorized		
Туре	Point Value (pe	r month)
Adult	50	
Senior	25	
Youth	20	
Child	20	

Corporate Pre-A	uthorized
Туре	Point Value (per month)
Adult	30
Senior	15
Youth	10
Child	10

Family of Staff Pre-Authorized		
Туре	Point Value (pe	r month)
Adult	30	
Senior	15	
Youth	10	
Child	10	

Daytime Pre- Authorized		
Туре	Point Value (pe	er month)
Adult	25	
Senior	25	

**Special Promotions** 

Adult 500 Senior 350 Youth 280 Child 280 Corporate Annual nth)

Туре	Point Value (per mor
Adult	400
Senior	250
Youth	150
Child	150

Fam	Family of Staff Annual		
Туре		Point Value (per more	
Adult		400	
Senior		250	
Youth		150	
Child		150	

Daytime	e Annual
Туре	Point Value (upon purchase)
Adult	375
Senior	275

Various points - fullow us on Twitter, Facebook or Instagram to be notified of upcoming offers!

Run/Walk Annual			Run/Walk P	re- Authorized	
Туре	Point Value (u	upon purchase)	Туре	Point Value (per mont	:h)
Adult	125		Adult	20	
Senior	100		Senior	15	
Youth	50		Youth	10	
Child	50		Child	10	

Redeem	for these rewards:
500 pts	TLC Waterbottle
750 pts	TLC T-Shirt
1000 pts	\$20 TLC Gift Card
2000 pts	\$50 TLC Gift Card
3000 pts	\$100 TLC Gift Card
4000 pts	\$150 TLC Gift Card
5000 pts	\$200 TLC Gift Card
6000 pts	\$250 TLC Gift Card
7000 pts	\$300 TLC Gift Card
8000 pts	\$350 TLC Gift Card
9000 pts	\$400 TLC Gift Card
10000 pts	\$450 TLC Gift Card
11000 pts	FREE TLC Annual Membership

## Aquatic Programs

<b>v</b>	
Courses	
Туре	Point Value
Starfish - Swim Kids 3	50
Swim Kids 4 - Swim Kids 6	75
Swim Kids 7 - Swim Kids 10	100
Private Lessons	100
Stroke Improvement	50
Learn to Dive & Tween/Teen Swim Basics	75
JLC	200
Adult 45min/60min Courses	50
Masters Swimming	125

Certifications				
Туре	Point Value			
1 Day Certification	75			
2 Day Certification	125			
3 Day Certification	175			
4 Day Certification	225			
5 Day Certification	275			

## Children & Youth Programs

Courses	
Туре	Point Value
Active Kids Preschool	1400
Home School Physical Education	200
30/45 Minute Courses	25
60 Minute Courses	50
90 Minute Courses	50
Youth RX	25
Moonlight Madness	25
Home Alone	25
Babysitting Course	50

Camps			
Туре	Point Value		
1 Full Day Camp	25		
3 Day Half Day Camp	50		
3 Day Full Day Camp	100		
4 Day Half Day Camp	75		
5 Day Half Day Camp	85		
4 Day Full Day Camp	175		
· · · ·			
4 or 5 Day Pre/Post Care	25		
4 or 5 Day Mid Day Care	20		

No points for pre/post/mid day care less than 4 days

## Adult Programs

Addit i Togranis		
Courses		
Туре	Point Value	
30/45 Minute Courses	25	
60 Minute Courses	50	
Pickleball	75	
Specialty 60 min Courses	100	

fitness class passes

Professional Services		
Туре	Point Value Member/ Non-Member	
Consultation/Single Session	50/50	
3 Individual Sessions	150/175	
5 Individual Sessions	250/275	
9 Individual Sessions	425/475	
12 Individual Sessions	575/650	
Small Group Single Session	25/50	
Small Group 3 Sessions	100/125	
Small Group 5 Sessions	175/200	
Small Group 9 Sessions	275/325	
Small Group 12 Sessions	350/425	
Nutrition - Connect Session	150/175	
Nutrition - Adapt Session	225/275	
Nutrition - Refin Session	75/75	
Nutrition - Explore Session	425/475	

Туре	Point Value Member/ Non-Member
CEP Consultation	25/50
CEP Assessment Package	75/75
CEP Single Session	75/75
CEP 4 Sessions	275/350
CEP Extensive Package	350/400
Fitness Assessment	75/75
Body Composition Analysis	25/50

