

Department: Aquatics	t: Aquatics Position: Aquatic Lifeguard Prepared Date: June 18, 2023					Revised Date: October 21, 2024							
					reviewed at time of orientation, worker is to complete acknowledgement section of form, if being reviewed for pplicable) is to be complete the accuracy review section of form. Once completed, please scan to health and safety.								
Acknowledgement - Orientation				Accuracy Review									
Date of acknowledgeme	ent:			Date of	Review:								
Signature		Worke	er .			Lead Role		Supporting Role (optional)					
acknowledges hazards and the required hazard controls for job position	Print Name			Print Name									
	Signature	•			re								
			RISK RANKING = I	PROBABII	PROBABILITY + SEVERITY + EXPOSURE								
PROBABILITY 1 NEVER - NEVER GOING TO HAPPEN 2 IMPROBABLE - NOT LIKELY TO HAPPEN					2 - INFRE	TE – ONCE PER YEAR QUENT – WEEKLY OR LESS	3-6	LOW RISK					
3 REMOTELY PROBABL RARELY OCCURS 4 PROBABLE - OCCURS			DMG >\$0 3 - SERIOUS - LOST TIME, DMG <\$5,000 4 - VERY SERIOUS - SEVERE INJURY, ACUTE HEA	LTH		SIONAL – ONCE PER DAY JENT – MORE THAN TWICE	7-10	MEDIUM RISK					
OCCASIONALLY 5 VERY PROBABLE – OC PRESENT FREQUENTLY			EFFECTS, DMG > \$5K 5 - CATASTROPHIC - FATAL, CHRONIC HEALTH, E) DMG >\$25	(TREME	5 - CONTI BASIS	NUALLY – ON A HOURLY	11-15	HIGH RISK					

Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)		
	Slip/trip	Lacerations,	S	3	2	4	9	Eng: Hand rails on stairs Admin: SWP – housekeeping PPE:		
	Trip/fall	Fall in water, drowning	S	3	2	4	9	Eng: Admin: Limited persons on deck, SWP - housekeeping PPE:		
Walking to and from the building, walking around worksites	Air quality	Coughing, throat irritation, headaches, or shortness of breath	S	3	2	3	8	Eng: Ventilation preventative maintenance program Admin: SWP – air quality PPE: masks – optional		
	Fungus	Plantar warts	S	З	2	2	7	Eng: Admin: PPE: Deck shoes		

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)
	Contact with sharps (needles) – blood born pathogens or biohazardous materials	Diseases, illness (acute or chronic)	S	3	2	2	7	Eng: Admin: SWP – housekeeping, exposure plan, SWP – drugs and drug paraphernalia PPE: Gloves, protective footwear
	Noise from patrons	Fatigue impairment	Н	3	1	3	7	Eng: sound baffles Admin: Fatigue impairment procedure, noise exposure testing PPE:
	Humidity	Heat stress	S	5	1	5	11	Eng: humidity monitor Admin: breaks heat stress training PPE:
	numuny	Fatigue impairment	Н	3	1	3	9	Eng: humidity monitor Admin: breaks, fatigue impairment procedure PPE:
Walking to and from the building, walking around worksites	Exposure to chloramines (emphasizes on trichloramines)	Acute Respiratory tract irritation which may includes coughing, wheezing, shortness of breath, chest tightness) and/or eye irritation	н	01	2	5	12	Eng: ventilation (AHU-1), fans Admin: Exposure plan – chloramines, acknowledgement of exposure plan, chloramine exposure training PPE
		Chronic Occupational asthma	Н	5	2	5	12	Eng: ventilation (AHU-1), fans Admin: Exposure plan – chloramines, acknowledgement of exposure plan, chloramine exposure training PPE
	Carbon dioxide leak	Respiratory issue	S	3	1	3	7	Eng; Alarm Admin: Carbon dioxide exposure plan, Carbon dioxide emergency response plan, emergency response training PPE
	Chlorine leak	Respirator issue	S	3	2	3	8	Eng: Chlorine bottle in secured location outside of building Admin: Chlorine exposure plan, chlorine emergency response plan, emergency response training PPE: SCBA
Dealing with people (in person, at meetings, monitoring pool, internal and external)	Public/Worker Interaction during/after office hours – workplace violence: stranger violence (i.e. robbery, bomb threats etc), client/customer violence, co-worker violence, violence related to domestic issues	Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance,	Н	4	2	2	8	Eng: Admin: Workplace Violence prevention plan, workplace violence training, counselling, emergency response for mental health, shelter I place, lock down, Mental health well-being directive, personal security procedure PPE:

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)
		difficulty concentrating)						
		Physical (bruises, stabs, pushed into pool)	S	2	3	2	7	Eng: Open floor plan Admin: Workplace Violence prevention plan, workplace violence training PPE:
	Harassment & bullying	Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating)	н	4	2	3	O	Eng: Admin: Harassment prevention plan, harassment prevention training PPE:
	Mental Stress	Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain	S	4	2	2	8	Eng: Admin: Adequate assigned work tasks, managing stress training, employee assistance provider PPE:
Dealing with people (in person, at meetings, monitoring pool, internal and external) Dealing with people (in person, extending monitoring pool.	Handshaking	contracting a pathogen through repeated hand shaking (pathogen – staphylococcus aureus)	н	4	1	2	7	Eng: Admin: Exposure plan, hand sanitizer PPE
at meetings, monitoring pool, internal and external)	Contact with sick member of public or co- worker (influenza, covid-19, lice, fleas, impetigo)	Illness	н	4	2	2	8	Eng: Vaccinations (optional) Admin: Exposure plan, SWP – cleaning changerooms PPE: Masks (optional)
	Bodily fluids (i.e. blood, urine, feces, vomit)	Illness	H & S	3	1	3	7	Eng: Admin: Exposure plan, SWP – contamination, SWP – disinfecting floors, SWP – liquid diarrhea contamination SWP – first aid - administering PPE: Gloves, protective footwear, masks
	Worker has a pre-existing medical condition	Illness	S	3	1	2	6	Eng: Admin: Emergency response procedure – medical aid, first aiders on shift, first aid kit PPE:
	Feeling disconnected with team	Mental stress	Н	4	1	1	6	Eng:

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)
								Admin: social well-being directive, employee assistance provider, mental well-being directive PPE:
Monitoring pool	Mental Stress	Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain	н	5	1	3	9	Eng: Admin: Minimum 2 guards on duty, limited capacity in pool (signage), limited time on deck while on duty PPE:
	Fatigue impairment	Reduction in alertness and vigilance	H & S	5	1	5	11	Eng: Sound baffles, adequate lighting, Admin: Shift schedules, and rotations, education, shifts between 6am and 10 pm PPE:
	Fatigue impairment	Reduction in reaction time and the ability to react properly	H & S	5	1	5	11	Eng: Sound baffles, adequate lighting Admin: Shift schedules, and rotations, education, shifts between 6am and 10 pm PPE:
		Reduction in memory and recall	H & S	5	1	5	11	Eng: Sound baffles, adequate lighting Admin: Shift schedules, and rotations, education, shifts between 6am and 10 pm PPE:
Monitoring pool		Reduction in ability to make effective and/or quick decisions	H & S	5	1	5	11	Eng: Sound baffles, adequate lighting Admin: Shift schedules, and rotations, education, shifts between 6am and 10 pm PPE:
		Reduction in information processing	H & S	5	1	5	11	Eng: Sound baffles, adequate lighting Admin: Shift schedules, and rotations, education, shifts between 6am and 10 pm PPE:
		Reduction in effective communication	H & S	5	1	5	11	Eng: Sound baffles, adequate lighting Admin: Shift schedules, and rotations, education, shifts between 6am and 10 pm PPE:
	Items thrown from over top of viewing area	Lacerations	S	3	2	2	7	Eng: Admin: SWP housekeeping PPE:

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating	Hazard Control(s)
	Materials/objects falling	Crush/pinch	S	3	1	2	6	Eng: Designated storage areas Admin: SWP – filing and storage PPE:
Filing and Storage of supplies and materials	Materials/ Objects failing	Struck by/struck against injuries	S	2	1	2	5	Eng: Designated storage areas, adequate storage areas Admin: SWP – filing and storage PPE:
	Awkward position	Sprain/strains	s	4	2	2	8	Eng: Carts Admin: SWP – ergonomic – lifting/carrying manual, safe lifting training, SWP - carts PPE:
Using chemicals for cleaning etc.	Inhalation issues, topical issues, chemicals entering blood stream and internal organs	Chemical irritants or occupational illness (determined by SDS)	н	3	2	2	7	Eng: Chlorine alarm, Restricted access to chlorine bottle room, ventilation Admin: WHMIS training, SDS, SWP – contamination, SWP – disinfecting floors, SWP – disinfecting life jackets, SWP – liquid diarrhea contamination, SWP – chlorine bottle change, PPE: as determined by SDS which may include gloves, protective footwear, Tyvek suit, safety goggles/glasses
	Stationary position	Musculoskelet al injuries	S	1	1	1	3	Eng: Admin: Limited use, SWP-ergonomic – basic office PPE:
Using telephone (land line or cell phone)	Biohazards – germs for main pool phone	Illness	S	3	1	2	6	Eng: Admin: SWP – housekeeping PPE:
	Repetitive movement	Strain/sprain injuries,	S	2	2	2	6	Eng: Carts Admin: Ergonomic program, SWP -Cleaning with floor scrubber, SWP - disinfecting floors, SWP - disinfecting life jackets, SWP - lesson set up/take down, SWP - manual vacuum pool, SWP - moving flags, SWP - restringing lane ropes, SWP - skimmer basket cleaning, SWP - changeroom maintenance, SWP - lifting/carrying manual, SWP - laundry, SWP - carts, SWP - festive decorating PPE:
Material handling (lifting, pushing, pulling etc.) – install/remove lane ropes, lessons set up and take down, restringing lane ropes, moving flags	Excessive force	Strain injuries	S 2 2 2 6 Eng: Ca Admin: disinfec up/take - restrin change laundry,		6	Eng: Carts Admin: Ergonomic program, SWP -Cleaning with floor scrubber, SWP - disinfecting floors, SWP - disinfecting life jackets, SWP - lesson set up/take down, SWP - manual vacuum pool, SWP - moving flags, SWP - restringing lane ropes, SWP - skimmer basket cleaning, SWP - changeroom maintenance, SWP - lifting/carrying manual, SWP - laundry, SWP - carts, SWP - festive decorating PPE:		
	Awkward position	Cramps, fatigue	S	2	2	2	6	Eng: Carts Admin: Ergonomic program, SWP -Cleaning with floor scrubber, SWP - disinfecting floors, SWP - disinfecting life jackets, SWP - lesson set up/take down, SWP - manual vacuum pool, SWP - moving flags, SWP - restringing lane ropes, SWP - skimmer basket cleaning, SWP - changeroom maintenance, SWP - lifting/carrying manual, SWP - laundry, SWP - carts, SWP - festive decorating

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									PPE:		
	Sharp	Infection, compensation for injured body area by another body part (i.e. using left hand more)	S	3	2	2	7	Eng: Admin: SWP – lesson set up/take down, SWP – manual vacuum pool, SWP – changeroom maintenance, SWP – festive decorating PPE:			
	Body parts -caugl	Compensation for injured body area by another body part (i.e. using left hand more)	S	3	2	2	7	Eng: Admin: SWP – cleaning with floor scrubber, SWP – lesson set up/take down, SWP – manual vacuum pool, SWP- changeroom maintenance, SWP - laundry, SWP – festive decorating PPE:			
	Entanglement w	Drowning,	S	2	2	2	6	Eng: Short cord on dummy Admin: PPE:			
Using training equipment	Littaligiement w	psychological impact (mental stress)	н	3	1	1	5	Eng: Admin: Mental health well-being directive, employee assistance provider PPE:			
		Burnt, asphyxiation	S	2	3	1	6	Eng: Fire sprinkler Admin: Emergenc PPE:	rs, fire alarms y response procedure – general evacuation		
Working in building	External fire (Burnt, asphyxiation	S	2	3	1	6	Eng: Admin: Maintenance program of grass around facility PPE:			
	Electrical failure causing no lighting in building		Struck by/struck against injuries	S	3	1	1	5	Eng: Emergency lighting Admin: Emergency response procedure PPE:		
	Natural disasters (tornadoes, wildfires, floods)		Fatality, internal body injuries	S	3	4	1	8	Eng: Admin: Emergency response procedures PPE:		
		rk process formal hazard asses Administering first aid	sments for identific			rating a		ard contr	ol for the following t	asks/activities Empty dolphin scrubbers	
contracting employer) Performing water rescues		Skimmer basket cleaning		M	anually	/ vacuun	ning poo	ls		Pool vacuum	
Holiday decorating		Volunteering for Salvation Arn	ny Christmas kettle	:							
If volunteer to work shut down											
Securing swimming pool deck perimeter		Securing swimming pool deck	perimeter					deck per	imeter	Securing swimming pool deck perimeter	
Chrome- cleaning		Chrome- cleaning			Chrome- cleaning					Chrome- cleaning	
Cleaning equipment		Cleaning equipment			Cleaning equipment					Cleaning equipment	
Cleaning pool basin – pool pit		Cleaning pool basin – pool pit			_		ool basin – pool pit			Cleaning pool basin – pool pit	
Cleaning slides and slide stairs		Cleaning slides and slide stair	S	Cl	eaning	slides and slide stairs			Cleaning slides and slide stairs		





SAFETY

Hazard Control

If the hazards cannot be eliminated as close to where the problem is created as possible, reduce the risk of exposure to the hazard by:

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Substitution

Redesign of workplace

Isolation/closed processes

Automation/material handling devices

Ventilation (general dilution/local exhaust)

Purchasing criteria (tools/equipment etc.

Storage

Air monitoring

Policies/practices/procedures

Work/rest schedules Limiting hours of work

Administrative

Scheduling/rotation of exposed workers

Wet methods as opposed to dry sanding or sweeping

Training

Organizing and planning work

Personal Protective Equipment

Eye/face protection

Head protection

Foot protection Hearing protection

Respiratory protective equipment

Fall protection

Protective clothing/Gloves

Or a combination of any of the three above

Workers have an obligation to report to leadership a concern about an unsafe or harmful work site act that occurs or has occurred or an unsafe or harmful work site condition that exists or has existed