

SAFETY

| Department: Aquatics Position | | | on: Aquatic Lifeguard | Prepare | ed Date: Jur | ne 18, 2023 | Revised Date: | | | | | |
|--|--|--------|---|----------------------------------|-------------------|---|---------------|----------------------------|--|--|--|--|
| | Instructions: upon reviewing the hazards and applicable hazards associated with tasks - if being reviewed at time of orientation, worker is to complete acknowledgement section of form, if being reviewed for accuracy i.e., annual, post incident, inspection etc., leader assessor and supporting assessor (if applicable) is to be complete the accuracy review section of form. Once completed, please scan to health and safety. | | | | | | | | | | | |
| Acknowledgement - Ori | entation | | | Accuracy Review | | | | | | | | |
| Date of acknowledgem | ent: | | | Date of | Date of Review: | | | | | | | |
| Signature | | Worker | | | | Lead Role | | Supporting Role (optional) | | | | |
| acknowledges hazards and the required hazard controls for job position | Print Name | | | | ime | | | | | | | |
| | Signature | ire | | | re | | | | | | | |
| RISK RANKING = | | | PROBABII | ROBABILITY + SEVERITY + EXPOSURE | | | | | | | | |
| 1 NEVER – NEVER GOING TO HAPPEN 1- 2 IMPROBABLE – NOT LIKELY TO HAPPEN 2- | | | SEVERITY 1- MINOR- NO LOST TIME, NO LOSS 2 - MODERATE - MEDICAL AIDS, RESTRICTED WO | PRK, | 2 - INFRE | TE - ONCE PER YEAR QUENT - WEEKLY OR LESS | 3-6 | LOW RISK | | | | |
| 3 REMOTELY PROBABL RARELY OCCURS 4 PROBABLE - OCCURS | 3 - SERIOUS - LOST TIME, DMG <\$5,000 | | | | | SIONAL – ONCE PER DAY JENT – MORE THAN TWICE | 7-10 | MEDIUM RISK | | | | |
| OCCASIONALLY 5 VERY PROBABLE - OCCURS OR IS 5 PRESENT FREQUENTLY | | | EFFECTS, DMG > \$5K 5 - CATASTROPHIC - FATAL, CHRONIC HEALTH, E) DMG >\$25 | KTREME | 5 - CONT BASIS | NUALLY – ON A HOURLY | 11-15 | HIGH RISK | | | | |

| Task | Existing and/or Potential Hazards | Potential harm | Hazard Health(H) Safety (S) | Probability | Severity | Exposure | Risk Rating (P+S+E) | Hazard Control(s) | | | |
|--|--|--|--------------------------------|-------------|----------|----------|------------------------|--|--|--|--|
| Walking to and from the building, walking around worksites | Slip/trip | Lacerations, | S | 3 | 2 | 4 | 9 | Eng: Hand rails on stairs Admin: SWP – housekeeping PPE: | | | |
| | Trip/fall | Fall in water, drowning | S | З | 2 | 4 | 9 | Eng: Admin: Limited persons on deck, SWP - housekeeping PPE: | | | |
| | Air quality | Coughing, throat irritation, headaches, or shortness of breath | S | З | 2 | 3 | 8 | Eng: Ventilation preventative maintenance program Admin: SWP – air quality PPE: masks – optional | | | |
| | Fungus | Plantar warts | S | 3 | 2 | 2 | 7 | Eng: Admin: PPE: Deck shoes | | | |
| | Contact with sharps (needles) – blood born pathogens or biohazardous materials | Diseases, illness (acute or chronic) | S | 3 | 2 | 2 | 7 | Eng: Admin: SWP – housekeeping, exposure plan, SWP – drugs and drug paraphernalia | | | |

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| | | | | | | | | PPE: Gloves, protective footwear |
| | Public/Worker Interaction during/after office hours- workplace violence: stranger violence (i.e. robbery, bomb threats etc), client/customer violence, co-worker violence, violence related to domestic issues | Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating) | н | 4 | 2 | 2 | 8 | Eng: Admin: Workplace Violence prevention plan, workplace violence training, counselling, emergency response for mental health, shelter I place, lock down, Psychological Directive, personal security procedure PPE: |
| | | Physical (bruises, stabs, pushed into pool) | S | 2 | 3 | 2 | 7 | Eng: Open floor plan Admin: Workplace Violence prevention plan, workplace violence training PPE: |
| Dealing with people (in person, at meetings, monitoring pool, internal and external) | Harassment & bullying | Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating) | н | 4 | 2 | 3 | 9 | Eng: Admin: Harassment prevention plan, harassment prevention training PPE: |
| | Mental Stress | Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain | S | 4 | 2 | 2 | 8 | Eng: Admin: Adequate assigned work tasks, managing stress training, employee assistance provider PPE: |
| | Handshaking | contracting a pathogen through repeated hand shaking (pathogen – staphylococcus aureus) | н | 4 | 1 | 2 | 7 | Eng: Admin: Exposure plan, hand sanitizer PPE |
| | Contact with sick member of public or co- worker (influenza, covid-19, lice, fleas, impetigo) | Illness | н | 4 | 2 | 2 | 8 | Eng: Vaccinations (optional) Admin: Exposure plan, SWP – cleaning changerooms PPE: Masks (optional) |



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| Task | Existing and/or Potential Hazards | Potential harm | Hazard Health(H) Safety (S) | Probability | Severity | Exposure | Risk Rating (P+S+E) | Hazard Control(s) |
| Dealing with people (in person, at meetings, monitoring pool, | Bodily fluids (i.e. blood, urine, feces, vomit) | Illness | H & S | 3 | 1 | 3 | 7 | Eng: Admin: Exposure plan, SWP – contamination, SWP – disinfecting floors, SWP – liquid diarrhea contamination SWP – first aid - administering PPE: Gloves, protective footwear, masks |
| internal and external) | Worker has a pre-existing medical condition | Illness | S | 3 | 1 | 2 | 6 | Eng: Admin: Emergency response procedure – medical aid, first aiders on shift, first aid kit PPE: |
| Monitoring pool when near full capacity | Mental Stress | Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain | н | 5 | 1 | 3 | 9 | Eng: Admin: Minimum 2 guards on duty, limited capacity in pool (signage), limited time on deck while on duty PPE: |
| | Materials falling | Crush/pinch | S | 3 | 1 | 2 | 6 | Eng: Designated storage areas Admin: SWP – filing and storage PPE: |
| Filing and Storage of supplies | Material Handling | Sprain/strains | S | 4 | 2 | 2 | 8 | Eng: Carts Admin: SWP – ergonomic – lifting/carrying manual, safe lifting training, SWP - carts PPE: |
| and materials | Physical hazards – objects falling from overhead | Crush/pinch | S | 3 | 1 | 2 | 6 | Eng: Adequate storage area Admin: SWP – filing/storage PPE: |
| Using chemicals for cleaning etc. | Inhalation issues, topical issues, chemicals entering blood stream and internal organs | Occupational illness (determined by SDS) | Н | 3 | 2 | 2 | 7 | Eng: Chlorine alarm, Restricted access to chlorine bottle room, ventilation Admin: WHMIS training, SDS, SWP – contamination, SWP – disinfecting floors, SWP – disinfecting life jackets, SWP – liquid diarrhea contamination, SWP – chlorine bottle change, PPE: as determined by SDS which may include gloves, protective footwear, Tyvek suit, safety goggles/glasses |
| Using telephone (land line or | Stationary position | Musculoskelet al injuries | S | 1 | 1 | 1 | 3 | Eng: Admin: Limited use, SWP-ergonomic – basic office PPE: |
| cell phone) | Biohazards – germs for main pool phone | Illness | S | 3 | 1 | 2 | 6 | Eng: Admin: SWP – housekeeping PPE: |
| Moving supplies | Biomechanical associated with material handling of equipment, furniture and supplies including lifting, carrying, pushing, pulling etc. | Repetitive Strain Injuries in and office environment such as neck, | S | 2 | 2 | 2 | 6 | Eng: Carts Admin: Ergonomic program, SWP -Cleaning with floor scrubber, SWP - disinfecting floors, SWP – disinfecting life jackets, SWP – lesson set up/take down, SWP – manual vacuum pool, SWP – moving flags, SWP – restringing lane ropes, SWP – skimmer basket cleaning, SWP – |

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|---|---|--|--------------------------------|-------------|----------|----------|------------------------|--|--|--|
| Task | Existing and/or Potential Hazards | Potential harm | Hazard Health(H) Safety (S) | Probability | Severity | Exposure | Risk Rating (P+S+E) | Hazard Control(s) | | |
| | | back, wrist, and other related issues. | | | | | | changeroom maintenance, SWP – lifting/carrying manual, SWP – laundry, SWP - carts, SWP – festive decorating PPE: | | |
| Material handling (lifting, pushing, pulling etc.) – install/remove lane ropes, | Sharp edges - lacerations | Infection, compensation for injured body area by another body part (i.e. using left hand more) | S | 3 | 2 | 2 | 7 | Eng: Admin: SWP – lesson set up/take down, SWP – manual vacuum pool, SWP – changeroom maintenance, SWP – festive decorating PPE: | | |
| lessons set up and take down, restringing lane ropes, moving flags | Body parts -caught in or between items - pinch, crush | Compensation for injured body area by another body part (i.e. using left hand more) | S | 3 | 2 | 2 | 7 | Eng: Admin: SWP – cleaning with floor scrubber, SWP – lesson set up/take down, SWP – manual vacuum pool, SWP- changeroom maintenance, SWP - laundry, SWP – festive decorating PPE: | | |
| | Internal Fire | Burnt, asphyxiation | S | 2 | 3 | 1 | 6 | Eng: Fire sprinklers, fire alarms Admin: Emergency response procedure – general evacuation PPE: | | |
| Working in building | External fire (grass catches on fire near building) | Burnt, asphyxiation | S | 2 | 3 | 1 | 6 | Eng: Admin: Maintenance program of grass around facility PPE: | | |
| | Electrical failure causing no lighting in building | Struck by/struck against injuries | S | 3 | 1 | 1 | 5 | Eng: Emergency lighting Admin: Emergency response procedure PPE: | | |
| | Natural disasters (tornadoes, wildfires, floods) | Fatality, internal body injuries | S | 3 | 4 | 1 | 8 | Eng: Admin: Emergency response procedures PPE: | | |

Recommended Additional Control(s) Required

| Hazard | Types of Control(s) Required | Person Responsible | Target Date | Date of Completion |
|--------|------------------------------|--------------------|-------------|--------------------|
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Hazard Control

If the hazards cannot be eliminated as close to where the problem is created as possible, reduce the risk of exposure to the hazard by:

Engineering

Substitution Redesign of workplace

Isolation/closed processes

Automation/material handling devices

Ventilation (general dilution/local exhaust)

 $\label{purchasing criteria} \mbox{ Purchasing criteria (tools/equipment etc.}$

Storage

Air monitoring

Or a combination of any of the three above

Administrative

Policies/practices/procedures
Work/rest schedules
Limiting hours of work
Scheduling/rotation of exposed workers
Wet methods as opposed to dry sanding or sweeping

Training
Organizing and planning work

Personal Protective Equipment

Eye/face protection Head protection Foot protection Hearing protection

Respiratory protective equipment

Fall protection

Protective clothing/Gloves