

JOB FORMAL HAZARD ASSESSMENT

SAFETY

Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)
	Contact with sharps (needles) – blood born pathogens or biohazardous materials	Diseases, illness (acute or chronic)	S	4	2	2	8	Eng: Admin: SWP – housekeeping, exposure plan, SWP – drugs and drug paraphernalia PPE: Gloves, protective footwear
Dealing with people (in person, at meetings, training, internal and external – supervisory support to instructors, teaching first aid and swim courses, working with volunteers)	Public/Worker Interaction during/after office hours– workplace violence: stranger violence (i.e. robbery, bomb threats etc), client/customer violence, co-worker violence, violence related to domestic issues	Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating)	H	2	3	2	7	Eng: Admin: Workplace Violence prevention plan, workplace violence training, counselling, emergency response for mental health, shelter in place and lock down, Psychological Directive, personal security procedure PPE:
		Physical (bruises, stabs)	S	3	2	3	9	Eng: Open floor plan, FOP door access Admin: Workplace Violence prevention plan, workplace violence training, SWP – personal security PPE:
	Harassment & bullying	Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating)	H	4	2	2	8	Eng: Admin: Harassment prevention plan, harassment prevention training, counselling PPE:
	Mental Stress	Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain	H & S	4	2	2	8	Eng: Admin: Adequate assigned work tasks, managing stress training, employee assistance provider PPE:
	Handshaking	contracting a pathogen through repeated hand shaking (pathogen – staphylococcus aureus)	H	4	1	2	7	Eng: Admin: Exposure plan, hand sanitizer PPE

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	Contact with sick member of public or co-worker (influenza, covid-19, monkey pox)	Illness	H	4	2	2	8	Eng: Vaccinations (optional) Admin: Exposure plan PPE: Masks
Dealing with people (in person, at meetings, training, internal and external)	Bodily fluids (i.e. blood, urine, feces, vomit)	Illness	H & S	3	1	3	7	Eng: Admin: Exposure plan, SWP – first aid - administering PPE: Gloves, protective footwear, masks
	Worker has a pre-existing medical condition	Illness	H & S	3	1	2	6	Eng: Admin: Emergency response procedure – medical aid, first aiders on shift, first aid kit, emergency response – procedure- mental health PPE
Working on projects, assignments, etc. tight deadlines	Mental stress	Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain	H & S	5	1	3	9	Eng: Admin: Psychological Directive, managing stress training PPE:
Filing and Storage of supplies and materials	Filing cabinet falling	Crush/pinch	S	3	1	2	6	Eng: Filing cabinets secured. Admin: SWP – filing and storage PPE:
	Material falling	Struck by/struck against injuries	S	3	1	2	6	Eng: Designated storage areas Admin: SWP – filing and storage PPE:
	Material Handling	Musculoskeletal injuries	S	4	2	2	8	Eng: Counters at elbow level, carts Admin: SWP – ergonomic – lifting/carrying manual, safe lifting training, ergonomic training, SWP - carts PPE:
	Physical hazards – objects falling from overhead	Struck by/struck against injuries	S	3	1	2	6	Eng: Adequate storage area Admin: SWP – filing/storage PPE:
Using chemicals for cleaning etc.	Inhalation issues, topical issues, chemicals entering blood stream and internal organs	Occupational illness (determined by SDS)	H & S	3	2	2	7	Eng: Chlorine alarm, Restricted access to chlorine bottle room, ventilation Admin: WHMIS training, SDS, SWP – chlorine bottle change PPE: as determined by SDS which may include gloves, protective footwear, Tyvek suit, safety goggles/glasses
Using telephone (land line or cell phone)	Stationary position	Musculoskeletal injuries	S	5	1	4	10	Eng: Speaker option Admin: Limited use, SWP-ergonomic – basic office PPE:
	Biohazards – germs for main pool phone	Illness	S	3	1	2	6	Eng: Speaker option Admin: SWP – housekeeping PPE:

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Using equipment with energy source – computer, multipurpose printer	Contact with energy source	Struck by/struck against, burns, electrocution, fire	S	2	2	2	6	Eng: Admin: SWP – managing hazardous energy (lock out/tag out), SWP- multipurpose printer, SWP – electricity – working with or near, inspection process, manufacturer warning signage, emergency response procedure, fire extinguisher training PPE:
Computer use – correspondence, inventory control, schedules	Ergonomic issues – biomechanical (biomechanical = awkward or sustained postures, excessive forces, repetition, and/or compression/impact forces) associated with computer use or workstation design,	Repetitive Strain Injuries in and office environment such as neck, back, wrist, and other related issues. (high computer use)	S	5	2	5	12	Eng: Two monitors, keyboard, ergonomic chairs Admin: Limited computer use, SWP – basic office PPE:
	Inadequate lighting	Eye strain	S	4	2	4	8	Eng: Open workstation, lights Admin: Variety in tasks PPE::
Manual and Material handling (lifting, pushing, pulling etc.) of items (i.e., paper, manual office equipment swimming lesson material [manual office equipment, paper])	Biomechanical associated with material handling of equipment, furniture and supplies including lifting, carrying, pushing, pulling etc.	Repetitive Strain Injuries in and office environment such as neck, back, wrist, and other related issues.	S	4	1	3	8	Eng: Elbow level counter, carts Admin: Ergonomic program, ergonomic training, safety lifting training, SWP - carts, SWP – festive decorating PPE
	Sharp edges - lacerations	Infection, compensation for injured body area by another body part (i.e. using left hand more)	S	3	2	2	7	Eng: Guards, rounded edges Admin: SWP – ergonomics – lifting/carrying manual, SWP – festive decorating PPE::
	Body parts -caught in or between items - pinch, crush	Compensation for injured body area by another body part (i.e using left hand more)	S	3	2	2	7	Eng: Guards, rounded edges, Admin: SWP – ergonomics – lifting/carrying - manual, SWP – festive decorating PPE
Social events – potluck	Hot surfaces	Burns	S	3	2	1	6	Eng: Admin: SWP - potluck PPE: oven mitts
	Contaminated food	Food poisoning	S	3	2	1	6	Eng: Admin: SWP - potluck PPE:

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Working in building	Internal Fire	Burnt, asphyxiation	S	2	3	1	6	Eng: Fire sprinklers, fire alarms Admin: Emergency response procedure – general evacuation PPE:
	External fire (grass catches on fire near building)	Burnt, asphyxiation	S	2	3	1	6	Eng: Admin: Maintenance program of grass around facility PPE:
	Electrical failure causing no lighting in building	Struck by/struck against injuries	S	3	1	1	5	Eng: Emergency lighting Admin: Emergency response procedure PPE:
	Natural disasters (tornadoes, wildfires, floods)	Fatality, internal body injuries	S	3	4	1	8	Eng: Admin: Emergency response procedures PPE:
Due to the diversity of job – tasks can be found on work process hazard assessments which identify hazards, risk rating and hazard controls								

Recommended Additional Control(s) Required

Hazard	Types of Control(s) Required	Person Responsible	Target Date	Date of Completion

Hazard Control

If the hazards cannot be **eliminated** as close to where the problem is created as possible, reduce the risk of exposure to the hazard by:

Engineering

- Substitution
- Redesign of workplace
- Isolation/closed processes
- Automation/material handling devices
- Ventilation (general dilution/local exhaust)
- Purchasing criteria (tools/equipment etc.
- Storage
- Air monitoring

Administrative

- Policies/practices/procedures
- Work/rest schedules
- Limiting hours of work
- Scheduling/rotation of exposed workers
- Wet methods as opposed to dry sanding or sweeping
- Training
- Organizing and planning work

Personal Protective Equipment

- Eye/face protection
- Head protection
- Foot protection
- Hearing protection
- Respiratory protective equipment
- Fall protection
- Protective clothing/Gloves

Or a **combination** of any of the three above