

Department: Finance & Corporate Services Position			on: Administrative Assistant	Prepare	ed Date: Aug	just 19, 2022	Revised Date: February 11, 2024						
				reviewed at time of orientation, worker is to complete acknowledgement section of form, if being reviewed for pplicable) is to be complete the accuracy review section of form. Once completed, please scan to health and safety.									
Acknowledgement - Orio	entation			Accuracy Review									
Date of acknowledgement:			Date of Review:										
Cidnatura		Worker				Lead Role		Supporting Role (optional)					
Signature acknowledges hazards and the required hazard	Print Name				me								
controls for job position	Signature				re								
			RISK RANKING = F	PROBABII	LITY + SEVE	RITY + EXPOSURE							
PROBABILITY 1 NEVER - NEVER GOIN 2 IMPROBABLE - NOT L			SEVERITY 1- MINOR- NO LOST TIME, NO LOSS 2 - MODERATE - MEDICAL AIDS, RESTRICTED WO	RK,		E TE – ONCE PER YEAR QUENT – WEEKLY OR LESS	3-6	LOW RISK					
2 IMPROBABLE - NOT LIBELT TO TIAFFE 3 REMOTELY PROBABLE - HAZARD VERY RARELY OCCURS 4 PROBABLE - OCCURS OR IS PRESENT		3 - SERIOUS - LOST TIME, DMG <\$5,000				SIONAL – ONCE PER DAY JENT – MORE THAN TWICE	7-10	MEDIUM RISK					
OCCASIONALLY 5 VERY PROBABLE - OC PRESENT FREQUENTLY	CCURS OR IS		EFFECTS, DMG > \$5K 5 - CATASTROPHIC - FATAL, CHRONIC HEALTH, EX DMG >\$25	TREME	5 - CONTI BASIS	NUALLY – ON A HOURLY	11-15	HIGH RISK					

Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)	
	Slip/trip/falls	Lacerations	S	3	2	4	9	Eng: Handrails on stairs Admin: SWP – housekeeping, PPE:	
Walking to and from the building, walking around worksites	Air quality	Coughing, throat irritation, headaches, or shortness of breath	S	3	1	2	6	Eng: Ventilation preventative maintenance program Admin: SWP – air quality PPE: masks – optional	
	Contact with sharps (needles) – blood born pathogens or biohazardous materials	Diseases, illness (acute or chronic)	S	1	1	1	3	Eng: Admin: SWP – housekeeping, exposure plan, SWP – drugs and drug paraphernalia PPE	
Dealing with people (in person, at meetings, internal or external)	Public/Worker Interaction during/after office hours - workplace violence: stranger violence (i.e. robbery, bomb threats, cyber theft etc.),	Psychological (flashbacks, nightmares, coping thru	н	4	1	3	8	Eng: Firewalls Admin: Workplace Violence prevention plan, workplace violence training, counselling, emergency response for mental health, shelter in	

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating	Hazard Control(s)		
	client/customer violence, co-worker violence, violence related to domestic issues	avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating)						place and lock down, Psychological Directive, personal security, tri leisure e-mails password requirement to change every 90 days PPE:		
		Physical (bruises, stabs)	S	2	1	2	5	Eng: Open floor plan, FOP door access Admin: Workplace Violence prevention plan, workplace violence training, SWP – personal security PPE:		
	Harassment & bullying	Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating)	н	2	2	2	6	Eng: Admin: Harassment prevention plan, harassment prevention training, counselling PPE:		
Dealing with people (in person, at meetings, internal or external	Mental Stress	Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain	S	2	2	2	6	Eng: Admin: Adequate assigned work tasks, managing stress training, employee assistance provider PPE:		
	Handshaking	contracting a pathogen through repeated hand shaking (pathogen – staphylococcus aureus)	н	2	2	2	6	Eng: Admin: Exposure plan, hand sanitizer PPE		
	Contact with sick member of public or co- worker (influenza, covid-19)	Illness	Н	3	3	3	9	Eng: Vaccinations (optional) Admin: Exposure plan PPE: Masks (optional)		
	Worker has a pre-existing medical condition	Illness	H & S	2	2	2	6	Eng: Admin: Emergency response procedure – medical aid, first aiders on shift, first aid kit, emergency response – procedure- mental health PPE		

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)		
Working on projects, assignments, etc. – tight deadlines	Mental Stress	Headaches, upset stomach, chronic stress - heart condition, depression, lower back pain	Н &S	3	1	2	6	Eng: Admin: Psychological Directive, managing stress training PPE:		
	Filing cabinet falling	Crush/pinch	S	3	2	3	8	Eng: Filing cabinets secured. Admin: SWP – filing and storage PPE:		
	Materials falling	Struck by/struck against injuries	S	З	2	3	8	Eng: Designated storage areas Admin: SWP – filing and storage PPE:		
Filing and Storage of supplies and materials	Ergonomic issues - Material Handling	Musculoskelet al injuries	S	3	2	3	8	Eng: Counters at elbow level , carts Admin: SWP – ergonomic – lifting/carrying manual, safe lifting training, ergonomic training, SWP - cart PPE:		
	Physical hazards – objects falling from overhead	Struck by/struck against injuries	S	3	3	3	9	Eng: Adequate storage area Admin: SWP – filing/storage PPE:		
Using chemicals for cleaning etc.	Inhalation issues, topical issues, chemicals entering blood stream and internal organs	Occupational illness (determined by SDS)	Н	2	1	2	5	Eng: general ventilation Admin: WHMIS, SDS PPE: as required by SDS		
Using telephone (land line or	Stationary position	Musculoskelet al injuries	S	2	2	3	7	Eng: Speaker option Admin: Limited use, SWP-ergonomic – basic office PPE:		
cell phone)	Biohazards – germs for phone	Illness	S	2	2	3	7	Eng: Speaker option Admin: SWP – housekeeping PPE:		
Using equipment with energy source – computer, multipurpose printer	Contact with energy source	Struck by/struck against, burns, electrocution, fire	S	2	2	2	6	Eng: Admin: SWP – managing hazardous energy (lock out/tag out), SWP-multipurpose printer, SWP – electricity – working with or near, inspection process, manufacturer warning signage, emergency response procedure, fire extinguisher training PPE:		
Computer use – correspondence, assist with bi- weekly payroll and account payable, records management, input into Asset Planner	Ergonomic issues – biomechanical (biomechanical = awkward or sustained postures, excessive forces, repetition, and/or compression/impact forces) associated with computer use or workstation design,	Repetitive Strain Injuries in and office environment such as neck, back, wrist, and other related issues.	S	5	2	5	12	Eng: Two monitors, keyboard, ergonomic chair, ergonomic mouse, sit/stand, foot/glute swinger Admin: Limited computer use, SWP – basic office PPE:		



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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)		
		(high computer use)								
	Inadequate lighting	Eye strain	S	4	1	5	10	Eng: Open workstation, lights Admin: Variety in tasks PPE::		
Manual and Material handling (lifting, pushing, pulling etc.) [manual office, equipment, sorting mails, uniforms]	Ergonomic - biomechanical associated with material handling of equipment, furniture and supplies including lifting, carrying, pushing, pulling etc.	Repetitive Strain Injuries in and office environment such as neck, back, wrist, and other related issues.	S	2	2	2	6	Eng: Elbow level counters, carts Admin: Ergonomic program, ergonomic training, safety lifting training, SWP - carts, SWP - festive decorating, SWP - garbage compactor, SWP - ladder: storage and handling, SWP - ladder: use of portable, SWP - ladder: use of step PPE:		
	Sharp edges - lacerations	Infection, compensation for injured body area by another body part (i.e. using left hand more)	S	2	2	2	6	Eng: Guards, rounded edges Admin: SWP – ergonomics – lifting/carrying manual, SWP – festive decorating, SWP – ladder: storage and handling, SWP - ladder: use of portable, SWP – ladder: use of step PPE:		
	Body parts -caught in or between items - pinch, crush	Compensation for injured body area by another body part (i.e using left hand more)	S	2	2	2	6	Eng: Guards, rounded edges, Admin: SWP – ergonomics – lifting/carrying - manual, SWP – festive decorating, SWP – garbage compactor, SWP – ladder: storage and handling, SWP - ladder: use of portable, SWP – ladder: use of step PPE:		
Conint avente methods	Hot surfaces	Burns	S	2	1	2	4	Eng: Admin: SWP - potluck PPE: oven mitts		
Social events – potluck	Contaminated food	Food poisoning	S	2	1	2	4	Eng: Admin: SWP - potluck PPE:		
	Internal Fire	Burnt, asphyxiation	S	2	4	2	8	Eng: Fire sprinklers, fire alarms Admin: Emergency response procedure – general evacuation PPE:		
Working in building	External fire (grass catches on fire near building)	Burnt, asphyxiation	S	1	4	2	7	Eng: Admin: Maintenance program of grass around facility PPE:		
	Natural disasters (tornadoes, wildfires, floods)	Fatality, internal body injuries	S	1	4	2	7	Eng: Admin: Emergency response procedures PPE:		
Driving	Vehicle not suited for task	Collision	S	2	1	2	5	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control, lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control - seat belt Admin: Journey Management Directive, SWP - vehicle use PPE:		

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Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)	
	(road conditions) – weather conditions i.e. fog,	Collision	S	3	1	2	6	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control, lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control – seat belt Admin: Journey Management Directive, SWP – vehicle use PPE:	
	snow, ice, heavy rain, sun in eyes	Fatigue	H&S	3	1	2	6	Eng: Admin: Psychological Directive, SWP – vehicle use PPE:	
		Mental Stress	H&S	2	1	2	4	Eng: Admin: Psychological Directive, SWP – vehicle use PPE:	
Driving	(road conditions) – high traffic volume on the route i.e. potential for aggravation	Mental Stress	H&S	2	1	2	4	Eng: Admin: Psychological Directive, SWP – vehicle use PPE:	
Driving	(road conditions) – road maintenance and construction activity while on road	Mental Stress	H&S	2	1	1	4	Eng: Admin: Psychological Directive, SWP – vehicle use PPE:	
Driving	(driver) – worker doesn't have the required licensing for the class of vehicle	Collision	S	1	1	2	4	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control, lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control – seat belt Admin: Journey Management Directive, SWP – vehicle use PPE:	
Driving	(driver) – worker is too tired to travel	Collision	S	1	1	2	4	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control, lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control – seat belt Admin: Journey Management Directive, SWP – vehicle use PPE:	
Driving	(driver) – worker is too sick to drive	Collision	S	1	1	2	4	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control, lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control – seat belt Admin: Journey Management Directive, SWP – vehicle use PPE:	
Driving	(driver) – worker is too stressed or distracted to focus on driving i.e. from having to make up time, passengers in vehicle etc.	Collision	S	1	1	2	4	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control, lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control – seat belt Admin: Journey Management Directive, SWP – vehicle use PPE::	
Driving	Driving on a variety of road surfaces throughout the year. – mechanical breakdown	Mental Stress	Н	2	1	2	5	Eng: Admin: Psychological Directive, SWP – vehicle use PPE:	
	anoagnout the year meenamear breakdown	Collision	S	3	1	2	6	Eng: active hazard controls - vehicle features may include: automatic emergency braking, forward collision warning, adaptive cruise control,	

Task	Existing and/or Potential Hazards	Potential harm	Hazard Health(H) Safety (S)	Probability	Severity	Exposure	Risk Rating (P+S+E)	Hazard Control(s)	
								lane departure warning, lane-keeping assistance and blind spot monitoring, passive hazard control – seat belt Admin: Journey Management Directive, SWP – vehicle use PPE:	
Handling cash	Workplace Violence	Psychological (flashbacks, nightmares, coping thru avoidance, loss of interest, feeling of guilt, irritability, sleep disorder, hypervigilance, difficulty concentrating)	н	2	2	2	6	Eng: Secured office Admin: Workplace Violence prevention plan, workplace violence training, counselling, emergency response for mental health, shelter in place and lock down, Psychological Directive, personal security PPE:	
		Physical (bruises, stabs)	S	2	2	2	6	Eng: Open floor plan, FOP door access Admin: Workplace Violence prevention plan, workplace violence training, SWP – personal security PPE:	
	Pathogens on paper and coins	Influenza, acute illness	S	2	2	2	6	Eng: Admin: SWP – ATM maintenance, SWP – bank deposits PPE: Nitrile gloves (optional)	

Detail work process hazards, risk rating and controls, for additional tasks listed on the task inventory sheet, are located in applicable work process formal hazard assessment

Recommended Additional Control(s) Required

Hazard	Types of Control(s) Required	Person Responsible	Target Date	Date of Completion

Hazard Control

If the hazards cannot be eliminated as close to where the problem is created as possible, reduce the risk of exposure to the hazard by:

Engineering

Substitution
Redesign of workplace
Isolation/closed processes
Automation/material handling devices
Ventilation (general dilution/local exhaust)
Purchasing criteria (tools/equipment etc.

Storage Air monitoring

Or a combination of any of the three above

Administrative

Policies/practices/procedures
Work/rest schedules
Limiting hours of work
Scheduling/rotation of exposed workers
Wet methods as opposed to dry sanding or sweeping
Training
Organizing and planning work

Personal Protective Equipment

Eye/face protection
Head protection
Foot protection
Hearing protection
Respiratory protective equipment
Fall protection
Protective clothing/Gloves